KYRGYZ ADVENTURE TRAVEL



NOMAD'S HEART: A 7-DAY CULTURAL & SCENIC ADVENTURE IN KYRGYZSTAN

DURATION	STARTING FROM	DESTINATION
7 Days	$1680 / person	Kyrgyzstan

OVERVIEW

our Description
Immerse yourself in the wild, untouched beauty of Central Asia with a 7-day expedition designed for true adventure seekers and cultural explorers.

Your journey begins in the leafy, statue-lined capital of Bishkek before plunging deep into Kyrgyzstan's dramatic interior. You will cross dizzying, snow-dusted mountain passes—including Too-Ašu, Kara-Keche, and Kalmak-Ashu—that open up into breathtaking high-altitude alpine vistas. Stand in awe before the mirror-like expanse of Lake Son-Kul, where time slows down among nomadic yurt camps.

Feel the magic of ancient traditions come alive as you watch women weave intricate patterns in a Kochkor felt-making cooperative and witness the ancient art of eagle hunting soaring across the southern shores of Issyk-Kul. Wander through the surreal, rust-colored sandstone labyrinth of Fairy Tale (Skazka) Canyon, chase alpine waterfalls in Barskoon Gorge, and step back in time among ancient petroglyphs and the 10th-century Burana Tower.

Blending rugged outdoor exploration with cozy village guesthouses and comfortable 3 to 4-star hotels, this journey captures the raw, beating heart of nomadic life.

Tour Highlights
Legendary Mountain Crossings: Scale breathtaking high-altitude passes like Too-Ašu, Kara-Keche, and Kalmak-Ashu, offering panoramic vistas of untamed wilderness.

The Alpine Jewel of Son-Kul: Sleep under a blanket of stars at over 3,000 meters and experience authentic nomadic hospitality.

Living Heritage: Witness a mesmerizing traditional eagle-hunting show in Bokonbaevo and a live felt-crafting demonstration by a women's cooperative in Kochkor.

Surreal Geological Wonders: Explore the otherworldly, fiery red rock pillars of Skazka Canyon and hike to the cascading Bowl of Manas Waterfall.

Ancient Silk Road Echoes: Decode ancient stone petroglyphs in Cholpon-Ata and explore the historic Burana Tower and Kojomkul Museum.

ITINERARY

1

DAY 1

DAY 1: BISHKEK CITY TOUR & LOCAL FLAVORS

Distance & Time: City limits (~30–40 km total, 3–4 hours of driving/exploring).Morning & Afternoon: Arrive in Bishkek and dive into a city tour. Visit the central Ala-Too Square, take a relaxing 2–3 hour stroll through Oak Park, Victory Park, and experience the vibrant local bustle at the Osh Market. Evening: Settle into your hotel for a good night's rest.

2

DAY 2

DAY 2: BISHKEK TO KYZYL-OY VILLAGE VIA TOO-AŠU & KOKOMEREN

Distance & Time: ~200 km | Driving time: ~5–6 hours. Morning: Depart Bishkek heading toward the picturesque mountain village of Kyzyl-Oy. Drive up to the Too-Ašu Pass (3,586 m) for stunning panoramic views and a scenic walk.En Route: Stop to explore cultural landmarks including the Kojomkul Museum and the historic Kumbez of Cholponbay.Afternoon & Evening: Arrive in Kyzyl-Oy after lunch and check into a local guesthouse. Enjoy a 2–3 hour afternoon walk exploring the dramatic red-clay canyon landscapes and walking along the rushing Kokomeren River.

3

DAY 3

DAY 3: KYZYL-OY VILLAGE TO SON-KUL LAKE VIA KARA-KECHE PASS

Distance & Time: ~200 km | Driving time: ~4–5 hours. Morning: Embark on a dramatic drive from Kyzyl-Oy to the stunning high-altitude alpine lake Son-Kul, ascending the breathtaking and rugged Kara-Keche Pass (3,350 m).Afternoon & Evening: Arrive at Son-Kul, settle into a traditional yurt camp, and take a 2–3 hour walk around the lakeshore, meeting local yurt-dwelling nomad families.Night: Experience traditional nomadic hospitality overnight.

4

DAY 4

DAY 4: SON-KUL TO BOKONBAEVO VIA KALMAK-ASHU PASS & KOCHKOR

Distance & Time: ~260 km | Driving time: ~6–7 hours. Morning: Travel from Son-Kul down toward the village of Bokonbaevo via the Kalmak-Ashu Pass.En Route: Stop in Kochkor for an interactive felt-making show and a 2–3 hour visit and workshop at a local women's cooperative specializing in traditional felt crafts.Afternoon & Evening: Arrive in Bokonbaevo after lunch, witness a thrilling eagle-hunting show (Berkut-show), and settle into a cozy local guesthouse.

5

DAY 5

DAY 5: BOKONBAEVO TO KARAKOL VIA FAIRY TALE CANYON & BARSKOON GORGE

Distance & Time: ~140 km | Driving time: ~3–4 hours.

Morning: Leave Bokonbaevo for Karakol, stopping along the southern shore to take a 2–3 hour hike exploring the surreal, labyrinthine rock formations of the Skazka (Fairy Tale) Canyon. Continue into the Barskoon Gorge for a refreshing 2–3 hour walk up to the majestic Bowl of Manas Waterfall.

Afternoon & Evening: Arrive in Karakol after lunch and check into a comfortable 3 to 4-star hotel. Relax and unwind for the evening.

6

DAY 6

DAY 6: KARAKOL TO BISHKEK VIA CHOLPON-ATA & BURANA TOWER

Distance & Time: ~400 km | Driving time: ~6–7 hours. Morning: Depart Karakol for the drive back to Bishkek along the scenic northern shore of Issyk-Kul Lake.En Route: Stop in Cholpon-Ata for a 2–3 hour visit to view the ancient open-air petroglyph site, followed by a stop to explore the historical Burana Tower minaret complex.Afternoon & Evening: Arrive back in Bishkek, visit the Osh Market for final souvenirs, and check into a 3 to 4-star hotel for your final night.

7

DAY 7

DAY 7: BISHKEK TO AIRPORT

Distance & Time: ~30 km | Driving time: ~45 minutes.

Morning: Transfer from your hotel to the international airport in Bishkek for your departure flight, taking with you unforgettable memories of Kyrgyzstan.

GROUP PRICING

GROUP SIZE	PRICE PER PERSON
2	$2970
3	$2390
4	$2100
5	$1930
6	$1900
7	$1850
8	$1780
9	$1720
10+ BEST	$1680

TRIP DETAILS

INCLUDED

- ✓ What is Included in the ProgramMeals: 3-time daily meals (full-board breakfast, lunch, and dinner throughout the tour). Guide: Professional, English-speaking tour guide accompanying you for the entire duration.Transportation:Comfortable 4WD Jeep (for groups up to 4 travelers).Spacious Minibus (for groups larger than 4 travelers).Admissions & Shows: Entrance tickets to all scheduled museums, the bird/eagle hunting show, and cultural/felt demonstrations.

NOT INCLUDED

- × What is NOT Included
- × Flights: International airfare to and from Bishkek.
- × Insurance: Personal travel and medical insurance.
- × Refreshments: Alcoholic beverages and personal expenses.
- × Extras: Any services, activities, or items not explicitly mentioned in the itinerary.

WHAT TO TAKE

- What to Bring (Packing List)
- To ensure you stay comfortable, safe, and ready for all weather conditions in the mountains, please pack the following:
- Sturdy hiking shoes with good ankle support and grip for rocky trails.
- Hiking sticks / trekking poles to help navigate steep mountain passes and descents.
- A warm, windproof blue jacket (essential for chilly evenings and high-altitude lakes like Son-Kul).
- Sunglasses and high-SPF sunscreen to protect against strong UV rays at high elevations.
- Reusable water bottles to stay hydrated throughout daily walks and excursions.

READY FOR YOUR ADVENTURE?

Contact us to book this tour or to plan a custom itinerary.

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